



VALLEY ROCK ORGANIC MARKET

At the Pool

TUE - SUN • 11:00AM - 3:00PM

LOBSTER SALAD \$24.⁹⁵

Served on a toasted croissant or served over a
Valley Rock garden salad

EGG SALAD \$14.⁹⁵

Served on a toasted croissant or served over a
Valley Rock garden salad

CURRY CHICKEN SALAD \$14.⁹⁵

Served on 9 grain bread or served over a
Valley Rock garden salad

BABY KALE CAESAR SALAD \$14.⁹⁵

With crispy chick peas & parmesan

CRUDITE PLATTER \$16.⁹⁵

Housemade hummus with assorted veggies & toasted Pita bread

GUAC & CHIPS \$17.⁹⁵

FRUIT SALAD

Small \$6.⁹⁵ Medium \$8.⁹⁵ Large \$10.⁹⁵

Watermelon, strawberries, blueberries & mint

FARRO SALAD

Small \$6.⁹⁵ Medium \$8.⁹⁵ Large \$10.⁹⁵

Celery, carrot, parsnip, parsley olive oil, lemon dressing

GF CAESAR SALAD WRAP \$14.⁹⁵

Served with a side Valley Rock garden salad

WILD CAUGHT SALMON \$25

Served with a side Valley Rock garden salad

GRILLED CHICKEN \$22.⁹⁵

Served over a Valley Rock garden salad

CILANTRO LIME SHRIMP \$23.⁹⁵

Served over a Valley Rock garden salad

SOURDOUGH PROSCIUTTO \$15.⁹⁵

Panini with Mozzarella

GREEN JUICE 12oz or 16 oz

12 oz \$9.⁹⁵ 16 oz 11.⁹⁵